

TABLE OF CONTENTS

Youth Programming	2
Instrumental Instruction and Ensembles	2
Vocal Instruction and Ensembles	3
Songwriting and Production	4
Dance and Movement	4
Early Childhood	5
Music and Mindfulness	5
Workshops and Performances	6
Adult Programming	7
Instructional Classes and Ensembles	7
Music and Mindfulness	8
Golden Series for Older Adults	9
Workshops and Performances	9



YOUTH PROGRAMMING

INSTRUMENTAL INSTRUCTION

Group Instrumental Classes

Piano, Guitar, Violin, Ukulele, Woodwind, Brass, Mallet Percussion

Ages: Elementary-High School

Facility needs: large space with secure instrument storage, projector

Instrumental instruction in an engaging and interactive group setting. Students will learn the basic care of their instrument, instrument part names, proper posture and playing technique, and elements of music theory, while performing songs from a range of musical traditions.

Buckets and Beats

Ages: Elementary-Middle School

Facility needs: large classroom with audio and storage

Students will get an introduction to the world of percussion by learning the fundamentals of rhythm. In a positive and engaging environment, students use drumsticks and buckets to learn basic stick technique, rudiment patterns, drum notation, and dynamics. Students will gain experience in a large ensemble as well as in smaller groups, applying musical concepts to a variety of genres including Hip Hop, Classical, Pop, Jazz, and Afro Cuban!

World Percussion Workshop

Ages: Elementary-High School

Facility needs: large classroom with secure instrument storage

In this group percussion class, students of any experience level will learn and develop rhythmic skills in different time signatures, tempos, and feels. In a welcoming and supportive environment, students use hand drums such as the djembe and the congas to learn exercises for increasing power and dexterity. After gaining solid technique on the drums, students will learn rhythms from the Congo, West Africa, Cuba, Haiti, and Trinidad - all of which will improve rhythmic vocabulary and musicality!



ENSEMBLE: Band, Orchestra, and Chamber Ensembles

Ages: Elementary-High School

Facility needs: Large classroom with secure instrument storage, music stands, projector Start a band or orchestra program at your school, led by experienced teaching artists.

Instrument rentals available.

ENSEMBLE: Rock Band

Ages: Elementary-High School

Facility needs: Large classroom with secure instrument storage, music stands, projector BMS's Outreach Rock Bands offer students the opportunity to experience different instruments popular in Rock 'n' Roll, such as electric guitar, electric bass, keyboard, drumset, and vocals. Students will develop proficiency and technique on various instruments through the practice and performance of Classic Rock songs and popular music that has been arranged to fit their skill levels. In this engaging environment, students will learn and apply basic music theory concepts, as well as develop fundamental musicianship skills including keeping the beat, following form, and improving aural skills.

VOCAL INSTRUCTION

Singers' Showcase

Ages: Elementary-High School

Facility needs: space with piano or audio

An open-ended workshop where students can find their voice. This class uses song interpretation as a springboard for the development of technical, theoretical, and performance skills. Participants will receive instruction in healthy vocal technique and music theory fundamentals, and will be encouraged to express themselves through lyric writing and musicality.

Musical Theater Workshop

Ages: Elementary-High School

Facility Needs: large, flexible space, preferably with piano or audio

Students explore acting methods, script analysis and how to create strong characters. For dance, students work on stretching and flexibility as well as study various musical theater dance styles. The singing instruction focuses on expanding healthy vocal technique and developing skills to build a character through song.



Ensemble: Choir

Ages: Elementary-High School

Facility needs: large, flexible space, preferably with piano and audio

Our choir program draws from classical, folk, and jazz repertoire, and can be customized to complement specific curricular or cultural literacy goals. Students will develop healthy vocal technique, as well as sight reading, theory, and ear training skills.

SONGWRITING AND PRODUCTION

Songwriting for the Soul

Ages: Middle School-High School

Facility needs: large space with piano or keyboard.

Facilitated by a licensed music therapist, participants will practice songwriting techniques with a

focus on mindfulness and expression in a supportive environment.

Beats for Peace

Ages: Middle School-High School

Facility needs: secure instrument storage, computers w/ internet access

A great introduction to digital production. Students work closely with teaching artists to create

original music, writing their own lyrics, creating song structures, and recording vocal,

instrumental, and computer-generated tracks.

DANCE AND MOVEMENT

Ballet

Ages: Elementary-Middle School

Facility needs: large classroom with audio (please note: a wooden floor is best)

A beginner class focusing on classical technique and ballet vocabulary. Students will work on

ballet fundamentals, including alignment, coordination, musicality, and expression.



Contemporary Dance

Ages: Elementary-Middle School

Facility needs: large classroom with audio (please note: a wooden floor is best)

This class pairs modern dance fundamentals with movement games to give students an opportunity to explore their physicality, engage with music, and express themselves through

creative movement.

Hip Hop

Ages: Elementary-High School

Facility needs: large classroom with audio

This group class pairs dance fundamentals with popular music, for an immersive kinesthetic

learning experience. Students dance in street clothes.

EARLY CHILDHOOD

Early Childhood Group Classes

Ages: 10 months - 4.6 years

Facility needs: large space with audio

Sing, dance, and play with us! BMS offers developmentally appropriate early childhood music and dance classes for very young children, where students have the opportunity to sing, move, and try out new instruments!

MUSIC AND MINDFULNESS

All of our Music and Mindfulness classes are facilitated by Music Therapy Department faculty members. These classes employ methods from Music Therapy training, enhancing the learning and social experience with a "whole-person" approach to music education.

Music and Mindfulness

Ages: Middle School-High School Facility needs: large space with audio

Find your center through music. Learn calming techniques and align mind and body through guided deep listening, singing, and gentle movement.



Mindfulness and Musical Play

Ages: Early Childhood-Elementary Facility needs: large space with audio

This Music and Mindfulness course is for our youngest learners. Music stimulates the imagination and engages the senses. Come join us on a musical adventure in which we sing, move, improvise, and discover the playfulness of musical sound. This course cultivates social awareness, mind-body awareness, listening, focus, and discovery. reserved for ages 3-5, 6-10

Music and Imagery

Ages: Elementary-High School

Facility needs: large space with audio and work space

Close your eyes and experience the power and magic of imagery in music. Listening to music from various genres, we will meditate on the imagery conjured up by the music, and create sketches of these scenes, discovering together the universal and personal aspects of musical immersion.

WORKSHOPS AND PERFORMANCES

Meet the Instruments

BMS brings professional instrumentalists, representing a range of musical traditions and styles from around the world, into classroom settings for a close-up look and interactive educational experience. Students get to engage directly with teaching artists from many different cultures and learn about many different kinds of instruments.

Sample Roster: strings, flutes, qanun, accordion, oud, African drums, Middle Eastern frame drums, saz, woodwinds, hurdy-gurdy, throat singing, sitar, tabla, guitars, pipa, electronics

Performances

Bring a cultural experience to your school or organization! BMS brings professional ensembles to present educational, interactive performances representing an array of different musical traditions.

Sample Roster: Jazz, Opera, Middle Eastern, Chinese, African and Afro-Caribbean, Indian classical, Irish folk



ADULT PROGRAMMING

INSTRUCTIONAL CLASSES

Group Instrumental Classes:

Piano, Guitar, Violin, Ukulele, Woodwind, Brass, Mallet Percussion

Facility needs: large space with secure instrument storage, projector Instrumental instruction in an engaging and interactive group setting. Students will learn the basic care of their instrument, instrument part names, proper posture and playing technique, and elements of music theory, while performing songs from a range of musical traditions.

World Percussion Workshop

Facility needs: large classroom with secure instrument storage In this group percussion class, students of any experience level will learn and develop rhythmic skills in different time signatures, tempos, and feels. In a welcoming and supportive environment, students use hand drums such as the djembe and the congas to learn exercises for increasing power and dexterity, as well as rhythms from Congo, West Africa, Cuba, Haiti, and Trinidad.

Singers' Showcase

Facility needs: space with piano or audio

An open-ended workshop where students can find their voice. This class uses song interpretation as a springboard for the development of technical, theoretical, and performance skills. Participants will receive instruction in healthy vocal technique and music theory fundamentals, and will be encouraged to express themselves through lyric writing and musicality.

Adult Theory, Skills, and Musicianship

Facility needs: large space with piano or keyboard, projector

This class is geared toward adult musicians who are interested in taking a deeper look into the mechanics of music. The course presents basic music theory using several modules such as ear training, harmony (learning about chords), analyzing song structure (learning about form), and Songwriting as a vehicle. This class will allow adults to learn music theory while making connections to other musical concepts.



Adult Ensembles

Facility needs: Large space with secure instrument storage, music stands, projector

BMS teaching artists lead ensembles of all skill levels and abilities.

Sample ensembles: choir, chamber group, orchestra, rock band, jazz combo

MUSIC AND MINDFULNESS

All of our Music and Mindfulness classes are facilitated by Music Therapy Department faculty members. These classes employ methods from Music Therapy training, enhancing the learning and social experience with a "whole-person" approach to music education.

Music and Mindfulness

Facility needs: large space with audio

Find your center through music. Learn calming techniques and align mind and body through guided deep listening, singing, and gentle movement.

Yoga and Music

Facility needs: large space with audio, yoga mats or chairs

This class provides an inspirational and supportive environment for the practice of yoga postures, breathing exercises, chants and meditation. We will use music and sound to enhance the practice and accompany our inner journeys. This class is led by a certified yoga therapist and certified music therapist. No prior yoga experience necessary.

Songwriting for the Soul

Facility needs: large space with piano or keyboard.

Facilitated by a licensed music therapist, participants will practice songwriting techniques with a focus on mindfulness and expression in a supportive environment.

Sound Bath

Facility needs: large space with yoga mats or chairs

Immerse yourself in sound and meditation; emerge cleansed and renewed! Participants experience the soothing sounds of resonant instruments and meditation to align body and mind.



GOLDEN SERIES Programming for older adults

Our *Golden Series* includes an array of instructional, lecture-based, and presentational performance programming. Seniors get to engage in close-up settings with faculty attuned to their needs and interests.

Golden Series Programs: Golden Voices (group vocal), Golden Broadway (musical theater), Golden Bomba (Latin Dance and Drumming) Golden Beats (Percussion) Golden Music Lecture Series, Golden Moves (movement and dance), Golden Calm (music therapy and mindfulness), Golden Concert Series

WORKSHOPS AND PERFORMANCES

Meet the Instruments

BMS brings professional instrumentalists, representing a range of musical traditions and styles from around the world, into classroom settings for a close-up look and interactive educational experience. Students get to engage directly with teaching artists from many different cultures and learn about many different kinds of instruments.

Sample Roster: strings, flutes, qanun, accordion, oud, African drums, Middle Eastern frame drums, saz, woodwinds, hurdy-gurdy, throat singing, sitar, tabla, guitars, pipa, electronics

Professional Performances

Bring a cultural experience to your school or organization! BMS brings professional ensembles to present educational, interactive performances representing an array of different musical traditions.

Sample Roster: Jazz, Opera, Middle Eastern, Chinese, African and Afro-Caribbean, Indian classical, Irish folk